

PHYSICAL EDUCATION

2016-2017



Due to the continued construction of the Middle School gym and locker rooms expectations for PE will continue to change throughout the year. We appreciate your flexibility!

I. *Course Content*

- Flag Football
- Team Handball
- Floor Hockey
- Recreation Games
- Newcomb Ball
- Pickle Ball
- Basketball
- Lacrosse
- Badminton
- Conditioning
- Soccer
- Track & Field
- Flicker ball
- Weight Training
- Volleyball
- Ultimate Frisbee
- Frisbee Golf
- Physical Fitness Training / Test
- Softball

II. *Dressing Requirements*

- Until the locker rooms are finished students are required to wear **to school** on their PE day:
 - Appropriate clothing that they feel comfortable moving around in so that they can fully participate in class (i.e. no jeans, dresses, etc...).
 - Sneakers. We will be going out to the field even when it is muddy, so students are encouraged to keep an old pairs of shoes in their lockers to change into during attendance time.
 - ★ Students are also encouraged to keep a full change of clothes in their locker to change into in case of emergency. (slip in the mud, ripped pants, etc...)
- Jewelry - **none is to be worn**

III. Grading System - (no student will be graded solely on athletic ability)

- Attitude
- Participation / Effort
- Dressing
 - Any failure to wear appropriate clothing and/or sneakers on their PE day will result in a **loss of 6 percentage points**.
 - If a student does not dress 3 times in a quarter = phone call home + 3 days of lunch detention
 - If a student does not dress 4+ times in a quarter = phone call home + 1 hour afterschool detention
- Other Deductions
 - Jewelry - 3%
 - Misbehavior - 3 to 6%
 - Late to room (without a pass) - 3%
 - Gum - 3% on first offense. 2+ offenses = 1 lunch detention + 3% deduction.

IV. Excuses

- Doctor's Medical - should have dates that the student will be excused included in the note. If the doctor does not specify an end date (i.e.-until further notice), another note from the doctor will be needed stating the date in which the student is cleared for activity.
- Excuse from home for the day - should be dated, have a reason for the excuse, be signed, have the student's full name included and a contact telephone number for possible verification. Only 2 home excuses are allowed per marking period.

V. Contact Information:

- **Phone:** 412-655-3111 between 7:30 and 7:45 a.m.
- **E-mail addresses:**
 - Diana Klein - diana.klein@sparksd.org
 - Bob Brill - bob.brill@sparksd.org