

Presents...

## Creating A Vision for A Good Life Workshop Series

The LifeCourse Framework and Tools were created by families to help individuals and families of all abilities and ages to:

- Develop a vision for a Good Life;
- Think about what they need to know and do;
- Identify how to find or develop supports; and
- Discover how to have an "Everyday Life" in their community.

Each Session will focus on a different part of the LifeCourse Toolkit and how to apply it to your Life Situation. Join us for one, some or all sessions! Community Resource and Service Information tables will be available at each session!

			Time	
	Date*	Workshop Title	Workshop	Resource Fair
Monday,	<b>September 23, 2019</b>	Creating a Vision for a Good Life	.1:00- <mark>3:00 pm</mark>	.12:30-1:00 pm
Monday,	September 23, 2019	Creating a Vision for a Good Life	.6:00 <mark>-8:00</mark> pm	8:00-8:30 pm
Thursda	y, October 10, 2019	Star Power	.6:0 <mark>0-8:00</mark> pm	8:00-8:30 pm
Monday,	November 4, 2019	Life After High School	.6: <mark>00-8:00 pm</mark>	8:00-8:30 pm
Thursda	y, February 13, 2020	Safety in Your Community	.6:00-8:00 pm	8:00-8:3 <mark>0</mark> pm
Monday	, March 16, 2020	Healthy Relationships & Sexuality	.6:00-8:00 pm	8:00-8:3 <mark>0 pm</mark>
Tuesday	, April 14th, 2020	Peace of Mind Planning (Long Term).	.6:00-8:00 pm.	8 <mark>:00-8:</mark> 30 pm

Location: Allegheny Intermediate Unit 475 E. Waterfront Drive Homestead, PA

Registration is required and will be accepted until 2 days prior to each Workshop.

For questions and registration, please call 1-844-PAFamily (1-844-723-2645) or email

PaFamilyNetwork@visionforequality.org

\* Please submit all requests for needed accommodations and/or alternate formats at the time of registration at least 3 weeks prior to the scheduled session.

